COMMITMENT

Are you prepared to make a commitment to this team? Do you have other commitments that would conflict with your commitment to this team? If so, talk to your coach. Let us know how you will handle a conflicting situation. Coaches have family, church, and work commitments just like you. We will do our best to respect your time, and we ask that you do the same for us.

COMMUNICATE

If you are having an issue of any kind, communicate with us. Talk with us face to face. If you have to miss an event, let us know well ahead of time. If you are having a problem with a teammate, talk to us. It is very discouraging for a coach to show up for practice and be missing half the team. We understand that something may come up unexpectedly. Just make sure that you communicate with us. Give us a written note from home, and come talk to us. Continued tardiness and absences from practices may result in disciplinary action at the discretion of the coach.

RESPECT

The foundation of our school and our sports program is our love for the Lord, out of which comes a desire to love and encourage others. This includes the way that we relate to our coaches, teammates, fans, and opponents, even on social media. Basically, treat others how you like to be treated. "Sportsmanship" is just another way of saying "act like Christ." You don't have to agree with everything the coach says and does, but if you disagree, do so with humility and love. Do not let any unwholesome talk come out of your mouth, but only what is helpful for building others up according to their needs. Ephesians 4:29. Ongoing disrespect will bring disciplinary action at the discretion of the coach.

PRACTICE

You are expected to be ready for practices and games at the time set by the coach. At the end of practice, parents, please be punctual. Our coaches have families and have been working other jobs all day. They need to be able to get home on time to meet other commitments. We follow the Rule of 3, which means a coach cannot be left with one student. On game days, we will do our best to get the athletes as close to home as possible. Parents will have to check their email on game day or have their child call on the way home for pickup location. Parental help with driving to and from games is greatly appreciated.

<u>DRESS</u>

Coaches will ensure that all athletes are appropriately dressed for practice. Follow the basic modesty guidelines for PE dress. Check the website for information about the uniform. Athletes should arrive at basketball games in Classroom Dress Code or better. And leave the game in clothing that at least meets PE dress code standards (sweats and a plain t-shirt).

STUDENT DRIVING

If you're available to assist with transportation parents, please submit the attached Driver and Chaperone Questionnaire. We do not allow student drivers to drive to and from games. There must be a parent driving the vehicle with another person present to follow our "Rule of 3". We understand this may make travel difficult, but allowing students to drive is a liability for us. We ask that you coordinate with other parents as needed.

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Check the website

Cut off along dotted line, hand in a signed portion of Guidelines for Sports Participation 2024-2025 and keep the top as your copy.

Even though I may not agree with all of the above, I agree to follow and respect the guidelines listed in this document.

Students signature:_____

Date

As a parent of a student athlete, I will encourage my child to respect these guidelines.

Parent's Signature:

Date_